



Leardi Family Dentistry

FAMILY · COSMETIC · IMPLANTS · INVISALIGN®

POST-OP INSTRUCTIONS FOR BRIDGES

A temporary bridge is easily removed; therefore care must be taken not to dislodge the temporary before your fixed (permanent) bridge is placed.

Do not chew sticky foods such as caramel or chewing gum. When flossing while wearing the temporary, pull the floss out the side; do not pop it through the contact with the tooth next to it. You will not be able to floss between the teeth of your temporary bridge. If your temporary bridge comes off, you can place some Fixodent (available at any pharmacy) inside it and put it back on, then call our office during normal business hours and we will recement it. Do not leave the temporary off, even if you have no discomfort. If you feel the bite is not correctly balanced, please call for an appointment for a simple adjustment. Without a temporary bridge to hold your teeth in place, your teeth can move causing your new bridge not to fit. This may necessitate further treatment.

Your gums may be sore. Warm saltwater rinses will speed healing. You may have sensitivity to hot or cold. Some patients do experience this since the temporary is not as accurate a fit as the prepared teeth. If you feel like you are biting first or harder on your temporary or fixed bridge, call us for an adjustment or you will develop a sore tooth.

Be sure to brush and floss your new fixed bridge (not temporary). With a bridge, you will need special floss threaders or other aids to reach and clean all areas properly.

If you have any questions or concerns, please do not hesitate to call our office at 610-444-8744. Your comfort is our priority!