



Leardi Family Dentistry

FAMILY · COSMETIC · IMPLANTS · INVISALIGN®

POST-OP INSTRUCTIONS FOR FILLINGS

Following your filling appointment if an anesthetic has been used, your lips, tongue and cheek may be numb for several hours after the appointment. Avoid chewing and hot beverages until the numbness has completely worn off. It is very easy to bite or burn your tongue or lip while you are numb.

Sometimes patients experience hot, cold, or pressure sensitivity after their appointment. Injection sites may also be sore. Over the counter Ibuprofen (Motrin) or Tylenol (one tablet every 4 hours as needed for pain) work well to alleviate the tenderness. Once the numbness is completely worn off, if you feel that the filled teeth come in contact prior to the rest of the teeth, contact our office for an adjustment. In very few instances, sensitivity could last longer than a couple of weeks. As long as your teeth or gums are continuing to feel better, (not staying the same, or getting worse) everything is fine. There is no need for concern.

You may chew with your composite (tooth colored) fillings as soon as the anesthetic completely wears off, since they are fully set when you leave the office.

If you have any questions or concerns, please do not hesitate to call our office at 610-444-8744. Your comfort is our priority!